

# Telemedicine Best Practices and Idea Sharing April 15, 2020

MAHEC Health Innovation Partners Team/Practice Support

Tammy Garrity, BS, PCMH CCE
Terri Roberts, MS, PCMH CCE
Julie Shelton, MPH, CPHQ, CCEP
Michael Melrose, MA
Mark Holmstrom, MSHA, FACHE, CMPE

#### Session Plan

- Payer Grid Q&A
- Case Study
- Open Discussion TelemedicineUse Examples
  - Best practices, ideas, barriers, issues

# Payer Grid

						MED	ICAL - Tel	ehealth (	Carrier Guid	elines								
isit Type	Platform	Code	Description	Medicare *	Medicaid *	BCBS	BCBS Federal	BCBS MCR Adv	UHC Comm/MCR Adv Plans	Aetna	MCR Aetna*	Cigna*	Medcost	Tricare	Humana			MCR Ac
General Carrier Information			Date	3/10/2020	3/10/2020	3/6/2020	3/6/2020	3/7/2020	3/14/2020	3/6/2020	3/6/2020	3/5/2020				3/10/2020		
			Hold Claims until	Until SOE	Until SOE	3/21/2020	3/21/2020					4/6/2020			Until SOE	Until SOE	4	Until SC
			End Date (may extend)	ends	ends	5/6/2020	5/6/2020	5/7/2020	6/18/2020	6/4/2020	6/4/2020	5/31/2020	Employer specific		Ends	Ends		ends
			Waives Pt resp for COVID related only			X 4/1-6/1	х	X 4/1-6/1	х			х					Carrier	
			all telehealth services						X 3/31-6/18	х	х				х	х	Specific	
			Telephonic Visits ONLY - No pt resp		х							X G2012 only						
			resp	Х		Х		Х						Х				Х
			POS	11	11	02	02	11	11	11	11	11	11	-	11	11	11	11
			Carrier Specific Guidelines					Follows MCR guidelines	G2012 After- G2012, 99441-3, 98966-8		Follows MCR guidelines					MCR guideline s		Follows MCR guideline
Phone	Telephone must receive verbal consent	G2012	Brief, Est Patient	Yes	Yes, CR (COVID19 dx only)		Yes, CR if audio only	Yes	Yes	Yes	Yes	Yes	Yes			Yes	Yes	Yes
		99441	Tele EIM 05-10 min	Yes	Yes, CR			Yes	Yes	Yes	Yes		Yes			Yes	Yes	Yes
		99442	Tele ElM 11-20 min	Yes	Yes, CR			Yes	Yes	Yes	Yes		Yes			Yes	Yes	Yes
		99443 98966	Tele EłM 21-30 min BH Tele EłM 05-10 min	Yes Yes	Yes, CR Yes, CR			Yes Yes	Yes Yes	Yes Yes	Yes Yes		Yes Yes			Yes Yes	Yes Yes	Yes Yes
		98967	BH Tele ElM 11-20 min	Yes	Yes, CR			Yes	Yes	Yes	Yes		Yes			Yes	Yes	Yes
		98968	BH Tele ElM 21-30 min	Yes	Yes, CR			Yes	Yes	Yes	Yes		Yes			Yes	Yes	Yes
Phone	Interprofessional consultations and review	99446	Tel 5-10 min Med Consultative Discussion	Yes	Yes, CR			Yes	Yes		Yes		Yes		Yes	Yes	Yes	Yes
		99447	Tel 11-20 min Med Consultative Discussion	Yes	Yes, CR			Yes	Yes		Yes		Yes		Yes	Yes	Yes	Yes
		99448	Tel 21-30 min Med Consultative Discussion	Yes	Yes, CR			Yes	Yes		Yes		Yes		Yes	Yes	Yes	Yes
		99449	Tel 31+ min Med Consultative Discussion	Yes	Yes, CR			Yes	Yes		Yes		Yes		Yes	Yes	Yes	Yes
	Captured video or image	G2010	Image	Yes				Yes	Yes	Yes	Yes		Yes			Yes	Yes	Yes
Remote						Est Pt Only												

## CASE STUDY

- F/U Visit: Patient with Type 2 Diabetes
- Total visit time: 20 minutes (15 minutes audio/visual, 5 minutes telephonic)

# DISCUSSION – F/U Visit: Patient with Type 2 Diabetes, visit converts from telehealth to telephonic

- What is the intake process prior to the visit?
- If this patient needs an A1C, what options can you present for running the test?
- · How do you prepare for potential technical issues?
- How would you handle the technical issue when it occurs?
- What needs to be documented in the patient chart?
- How is this visit billed?

#### **How to Bill – F/U Visit (Telehealth)**

- Medicare FFS
  - Bill 9921X-95 modifier for telehealth visit (2-way video/audio)
     POS 11
- Medicaid
  - Bill 9921X-GT for telehealth visit (2-way video/audio)
  - Add CR modifier; POS 11
- BCBSNC
  - BCBSNC 9921X for Telehealth; POS 02 and no modifier

#### **How to Bill - F/U Visit (Telephonic)**

- Medicare FFS
  - Bill 99442 (20 minutes) for Telephone Visit; POS 11
- Medicaid
  - Bill 99442 (20 minutes) for Telephone Visit
  - Add CR modifier; POS 11
- BCBSNC
  - BCBSNC 9921X for Telehealth; POS 02 and CR Modifier

# OPEN DISCUSSION

#### **Telemedicine Use Examples**

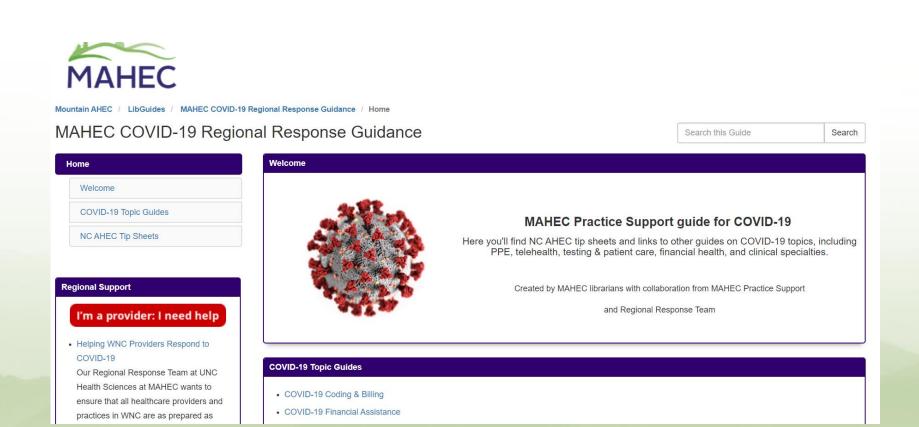
- Best Practices
- Ideas
- Barriers
- Issues

#### **ECHO Series**

- Monday, April 20: Dr. Jason Goldie, The Family Health Centers – Case Discussion and Q&A
- Friday, April 24: Telemedicine Experiences Open Discussion and Q&A

#### MAHEC COVID-19 Regional Response Guidance

#### https://mahec.libguides.com/covid19



#### Overview and Definitions

**Telemedicine/Virtual Visits:** refers to the exchange of medical information from one site to another through electronic communication to improve a patient's health. **Not physically in the same room** 

**Telehealth:** A visit with a provider that uses telecommunication systems between a provider and a patient. The provider must use an interactive audio and video telecommunications system that permits real-time communication between the distant site and the patient at home. **Audio and Video** 

**Virtual Check-in:** A brief (5-10 minutes) check in with practitioner and patient via telephone or other telecommunications device to decide whether an office visit or other service is needed. A remote evaluation of recorded video and/or images submitted by an established patient. **Live video not required** 

**E-Visit:** A communication between a patient and their provider through an online patient portal.

#### Overview and Definitions

**Telephonic:** A visit between a provider and the patient conducted via telephone. **Audio** 

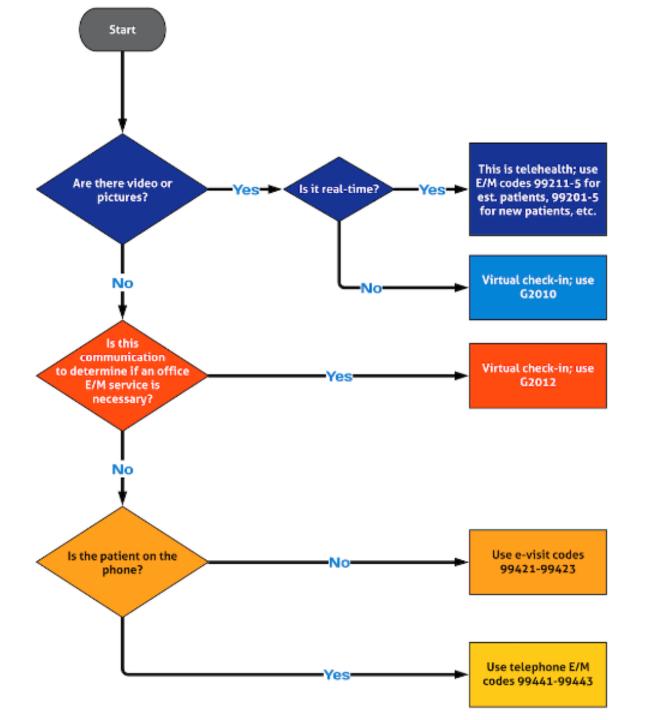
**Distant Site:** The location of the eligible healthcare provider

**Originating Site:** The location of the patient

Parity - Paying the same as an in-person visit

## Billing Definitions for Telemedicine

- Place of Service Two code descriptor of the actual Place a service is provided to a patient: 11 for Office Telehealth Non Facility PFS or 02 for lower Facility PFS Telehealth. They are structured from 1-99. New CMS guidelines March 31, 2020 for parity. Always verify specific payer requirements
- Address Box 32 of the CMS 1500 Under COVID19 use the <u>personal home address of</u> the provider if service provided at home. CMS has notified that future "Audits" will not be reviewing this item.
- Modifier Modifiers are simple two-character designators that signal a change in how the code for the procedure or service should be applied for the claim. Used correctly, modifiers add accuracy and detail to the record of the encounter. For Examples: GT (via interactive audio and video telecommunications systems), CR (Catastrophe/disaster related), 95 (Synchronous Telemedicine Service Rendered via Real-Time Interactive Audio and Video Telecommunications System)



Note: CPT codes for telephone services (99441-99443) are not currently covered by Medicare but may be covered by some private plans. You can find a list of Medicare covered services here: <a href="https://www.cms.gov/Medicare/Medicare-General-Information/telehealth/telehealth-codes">https://www.cms.gov/Medicare/Medicare-General-Information/telehealth/telehealth-codes</a>. For more information, CMS has put together a toolkit for primary care practices:

https://www.cms.gov/files/document/general-telemedicine-toolkit.pdf

Developed by James Dom Dera, MD, FAAFP. Source: A virtual visit algorithm: how to differentiate and code telehealth visits, e-visits, and virtual check-ins. . FPM In Practice blog

https://www.aafp.org/journals/fpm/blogs/inpractice/entry/telehealth\_algorithm.html

# Telemedicine Documentation Expectations

- Document how you typically would, same chart note, etc. and ADD the following:
  - · Statement that the service was provided using telemedicine
  - Statement that consent was obtained from the patient
  - The location of the PATIENT (enough detail to satisfy a Medicare audit, i.e., covered rural site)
  - The location of the PROVIDER
  - Start and stop time
  - · Additional people who participated in the visit at either site

#### MAHEC PRACTICE SUPPORT

For any questions and assistance, we are here as your regional AHEC support team: Tammy Garrity, Terri Roberts, Julie Shelton, Michael Melrose, Mark Holmstrom.

Please call or email:

practice.support@mahec.net

828-407-2199

Request for Assistance:

https://app.smartsheet.com/b/form/3f83dc7cf081482aa5730243f7288079

Subscribe to the MAHEC Practice Support Newsletter: <a href="http://eepurl.com/gnKQfP">http://eepurl.com/gnKQfP</a>

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